



WESTERN CAPE GOVERNMENT COLLEGE OF EMERGENCY CARE

NEWSLETTER



Sports day 2025

Heritage day

The College of Emergency Care recently hosted its annual Heritage Sports Day, bringing together students from all programmes — CET, Rescue, ECA, and Diploma — for a day filled with excitement, teamwork, and celebration.

Each team proudly represented one of the colours of the South African flag, showcasing both national pride and spirited competition.

The day featured a variety of events, including volleyball, soccer, touch rugby, and running, all leading up to the highlight of the day — the thrilling student vs. lecturer tug of war. In a close and hard-fought contest, the lecturers narrowly claimed victory.

Congratulations to the Black Team for their outstanding performance and for winning this year's Sports Day!



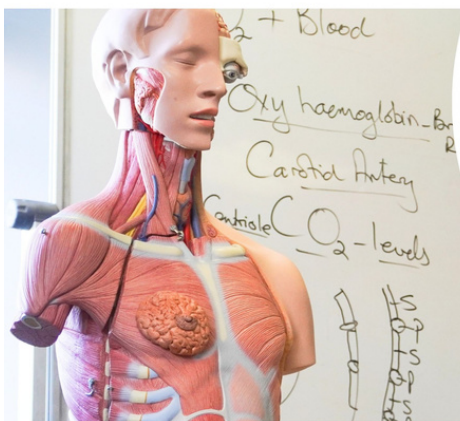


Applications for 2026 academic year

Higher Certificate and Diploma in emergency medical care

The College of Emergency Care is excited to announce that applications for our Higher Certificate in Emergency Care and Diploma in Emergency Medical Care are officially open from 15 September 2025 and will close on 30 November 2025. If you're ready to take the next step toward a career in emergency medical services, now is the time to apply!

We look forward to welcoming passionate and dedicated future emergency care professionals to begin their journey with us.



**ONLINE
APPLICATIONS
OPEN**

SCAN TO APPLY



**Higher Certificate and Diploma
in Emergency Medical Care**

Closing date: 30 November 2025

For more enquires visit:

www.healthsciencecolleges.co.za

Email : tbh.emcinfo@westerncape.gov.za

Phone : 021 938 4307/6256



Confined Space and claustrophobia

Rescue

If you'd asked me about confined spaces a month ago, I'd have broken into a cold sweat and start hyperventilating.

On Rescue, it's one of our toughest modules and my biggest fear. The day came when we had to descend into a sewer pipe at the foot of Table Mountain. My heart raced as Mr Nieuwoudt calmly explained the plan: He'd go first, I'd follow. He entered in reverse, gave me time to ground myself, then the light was turned off. Panic hit, but I remembered my colleagues advice—close your eyes, find your happy place, breathe. Within seconds, I calmed down. As we moved through the pipe, Mr Nieuwoudt checked in often, helping me stay focused.

That day, I learned how trust—in my instructors and my team—can turn fear into strength. Teamwork really does make the dream work.

Shaun Feldtmann
RT Student 2025



Wilderness Search and Rescue

Rescue

The Cederberg Mountains pushed me further than I ever imagined. The hike was demanding — long, uneven trails, low light at night, and narrow paths that required constant focus and endurance. Physical fatigue set in quickly, but it was the mental challenge that truly tested me.

Despite the tough conditions, the experience was filled with incredible moments — from abseiling down rocky cliffs and performing steep slope rescues to camping in freezing temperatures beneath a sky full of stars. Each challenge brought a mix of excitement, fear, and accomplishment.

What made it all possible was the unwavering support of my team. Together, we pushed through every obstacle and came out stronger. It was one of the toughest yet most rewarding experiences I've ever had.

Joshua Pillai
RT Student 2025



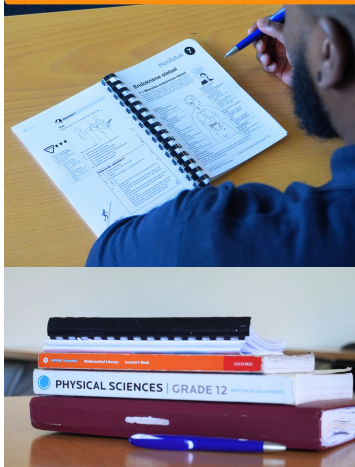


CET 2025–2026

The College of Emergency Care proudly welcomes the new CET group, who have officially started their programme.

The CET programme offers Western Cape Government employees an opportunity to upgrade their Grade 12 subjects — Mathematics or Mathematical Literacy, Physical Sciences, Life Sciences, and English — to meet the entry requirements for the Emergency Medical Care qualifications.

We look forward to witnessing their commitment, perseverance, and teamwork as they take this important step toward advancing their careers and serving their communities with excellence.



De Doorns Career Day Hex Valley High School

The WCG College of Emergency Care's HRD department recently joined the Cape Winelands EMS team for a career exhibition.

The event was hosted at Hex Valley High School in De Doorns. The team formed part of a variety of exhibitors (including, Metro EMS Rescue, Worcester EMS Communication Centre, SAPD, etc.) which had the opportunity to engage with scholars ranging from Grade 8 to 12.

The team had fun engaging with curious learners, providing them with the necessary entry requirements information, encouraged subject selections, demonstrating some of the equipment used to train paramedicine, and addressed any general questions posed by the learners. The team felt privileged to form a part of the exhibition team and to and to engage with learners from the De Doorns community.

We would like to express our gratitude to the Cape Winelands EMS team for including us in this project.

Trisha Viljoen
HRD Lecturer





Farewell of Mr. O'Ryan McLean

We bid a fond farewell to Mr. O'Ryan McLean, who has been an invaluable member of the College of Emergency Care team in his role as Diploma Coordinator.

O'Ryan's exceptional leadership, unwavering dedication, and passion for education have made a lasting impression on both students and colleagues alike. His well-known motto, "Never fear when O'Ryan is here," perfectly captured his supportive spirit and can-do attitude — qualities that will be greatly missed.

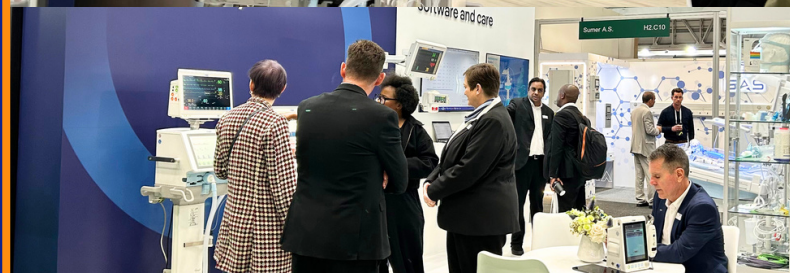
We thank O'Ryan for his invaluable service and wish him every success in his future endeavours.



WHX Labs Cape Town 2025

The College of Emergency Care staff proudly attended the WHX Cape Town and WHX Labs Cape Town 2025 events, joining healthcare professionals and innovators from across the region.

The experience offered valuable insights into the latest advancements in emergency medicine, simulation training, and healthcare technology. It was an inspiring opportunity for the team to engage in hands-on workshops, share best practices, and strengthen collaborations that will enhance teaching and patient care within the College.





EFAR Training

Department of Police Oversight and Community Safety

The Western Cape Government College of Emergency Care (WCG CEC) recently partnered with the Department of Police Oversight and Community Safety to deliver Emergency First Aid Responder (EFAR) training, an initiative aimed at empowering communities with vital lifesaving skills.

During the program, participants received both theory and practical training on how to respond to emergencies, from performing basic first aid and CPR to stabilizing patients until professional medical services arrive. The sessions were designed to be hands-on and engaging, giving participants the confidence to act quickly and effectively in real-life situations.





ECA Bootcamp

ECA Practicals

The ECA students recently took part in an intensive bootcamp at the College of Emergency Care, where they were placed in a variety of realistic accident scenarios.

These included everything from motorbike and car collisions to treating critically injured patients and managing minor “green light” cases.

The bootcamp challenged students to apply their knowledge and skills under pressure, working as teams to assess, treat, and transport patients effectively — preparing them for the real-world demands of emergency medical care.

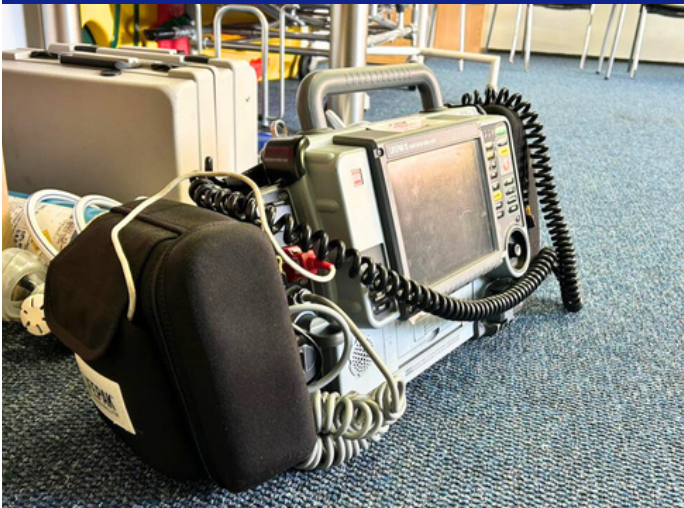




UPCOMING EVENTS

November Exams for all students

The College of Emergency Care would like to wish all our students the very best of luck for the upcoming exams. Your hard work, dedication, and perseverance throughout the year have brought you to this moment. Stay focused, trust in your preparation, and give it your all. Remember, every challenge is an opportunity to showcase your knowledge and growth.





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